

Faculté de pharmacie

Séminaire de l'axe

« Médicament et santé des populations »



What Components of e-Counseling Programs are Necessary and Sufficient to Promote Patient Self-Care in Heart Failure?

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Pavillon Jean-Coutu

12h00 – S1-125

À l'invitation du professeur Sylvie Perreault

This presentation will focus on critical components of preventive e-counseling for patients with cardiovascular conditions. First, the efficacy of clinic-based, “telehealth” and e-based protocols of preventive counseling will be reviewed for patients with hypertension and heart failure. Second, evidence from systematic review and meta-analysis will be discussed to identify core components of an e-counseling protocol to promote patient adherence to self-care (exercise, diet, smoke-free living and medications). On the basis of this evidence, the third segment will introduce a multifunctional e-platform that is being utilized in a multicenter clinical trial of e-counseling for chronic heart failure: CHF-CePPORT. In sum, this presentation will highlight recent progress to establish an evidence-based protocol of preventive e-counseling to promote patient self-care in heart failure.

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